The Mindful Leader Roundtable

Inspire and train key staff in the art of effective leadership. Increase team engagement, innovation and productivity. Employers can identify high-potentials for succession planning, retain high performers, enhance training and rewards programs, strengthen brand and attract top talent.

These are discussions within peer leadership or managerial groups facilitated by master leadership trainer, Laura Hansen. Participants enter a continuous cycle of action, accountability, assessment and growth that enhances their personal development and effectiveness with and of their teams.

Session discussions include the understanding and practice of 10 key elements:

- 1. Listening
- 2. Empathy
- 3. Relationship repair
- 4. Self-awareness
- 5. Persuasion
- 6. Visionary thinking
- 7. Foresight
- 8. Social Impact
- 9. Commitment to people development
- 10. Building community



Integrate into your organization's culture

A benefit of the program is the opportunity for your Human Resources director and/or a member of the participating roundtable to be trained to manage the project internally. If desired, we can "train the trainer" in roundtable facilitation and outcomes measurement to spread the practice throughout the organization.

Keep the good work going

Internal project manager and facilitator training included in project cost



Preparation session to develop individual objectives, accountability guidelines, and success metrics

Cost: \$10,000 – One Roundtable group of between five to 10 members. \$7,500 for each additional Roundtable group for the same organization. High-value alternative to replacing key staff – 150% of annual salary.

Duration: six months of bi-weekly 90-120 min sessions (length of session on group size)



Laura Hansen, President/ Founder, GoldVision, LLC. Over 25 years of entrepreneurship and consulting on the creation of great workplaces. Award-winning product designer, owner five patents, best-selling author, recipient of the Outstanding Woman Leader Luminary Award for inspiring leadership in the community.

